

Business Manager's Meeting

November 14, 2023



Open Enrollment Reminders





Annual Enrollment Timeline

**Annual
Enrollment
Begins**

October 1, 2023

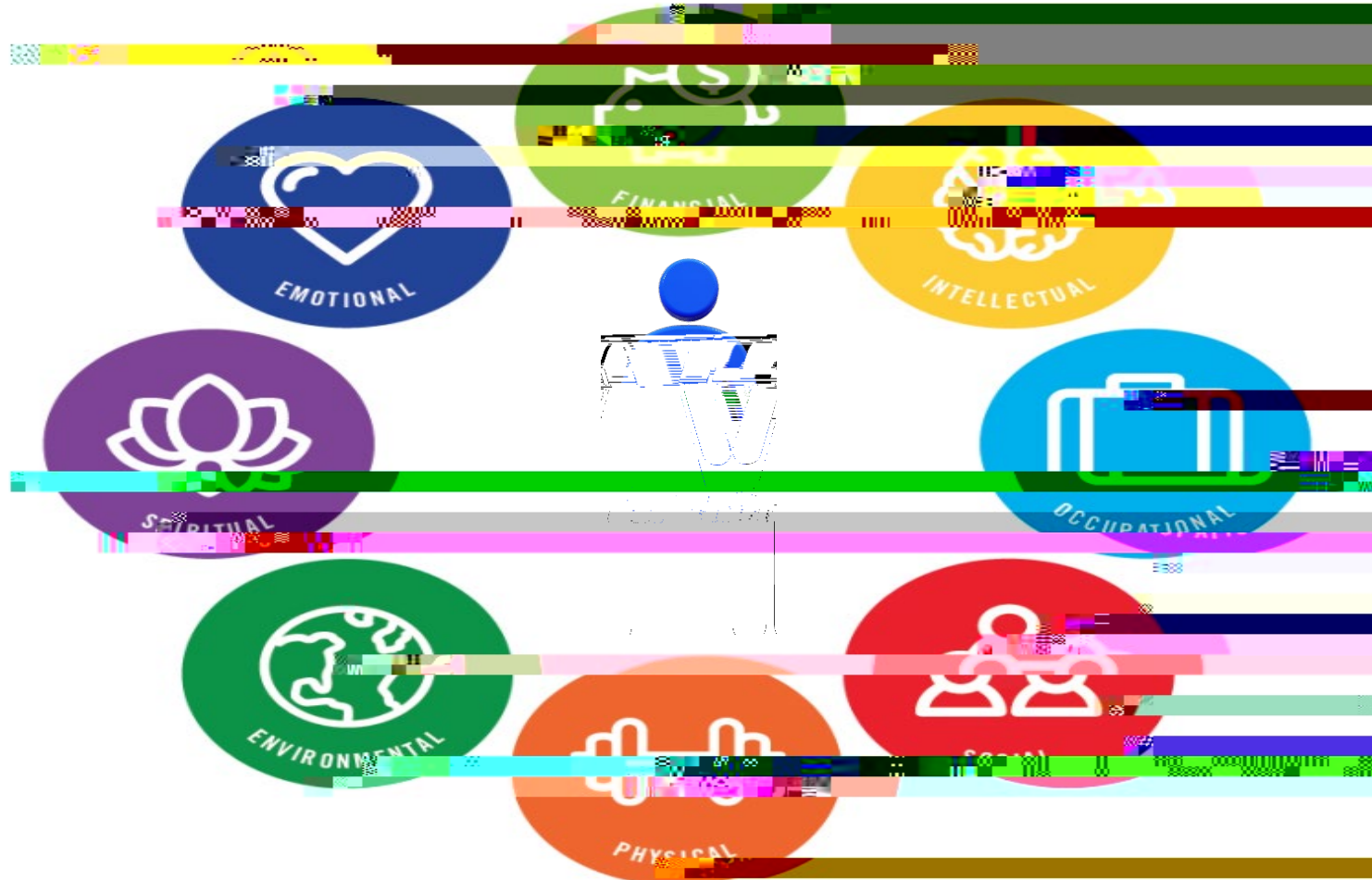
**Annual
Enrollment
Ends**

November 15, 2023 – 4pm

**Effective
Date of
Changes**

January 1, 2024

Well-Being



Employee Assistance Program (EAP)

What is an Employee Assistance Program?



Employee Assistance Program (EAP)



Why offer
an EAP
program to
LSU
Employees?

Reason's to utilize EAP services

- Emotional – stress, grief, depression, anger management, feeling suicidal
- Relationship – marital/significant other, family, parent/child
- Self improvement –self esteem/ personal development, goal setting
- Personal – health/wellness, grief and loss, work/life balance, trauma/post-traumatic stress
- Addiction – alcohol, drug, gambling, nicotine
- Workplace – career, job issues, conflict
- Legal/financial – budgeting, tax questions, ID theft

LSU EAP Benefits

National network of counselors

- Meet face-to-face or via tele video
- Access in-the-moment phone support and urgent counseling over the phone any time you need it
- Receive up to 6 free counseling sessions per issue per person per year





Legal Services

Free 30 minutes consultation per issue per year

Covered issues include:

- Domestic/family
- Civil and criminal
- Landlord/tenant and real estate
- Estate planning and probate
- Immigration and social security
- Motor vehicle

Free initial consultation with an attorney by phone or in person. Additional consultation is provided at a reduced rate.



Financial Services

Free 30 minutes phone consultation with a financial specialist for each issue.

Some examples of covered issues include:

- Budgeting
- Debt
- College Funding
- Buying vs. Leasing
- Tax Questions
- IRS matters

Free initial consultation. Additional consultation is provided at a reduced rate.



Daily Life Assistance

Referral Services to help you juggle your everyday needs and free you up to focus on what is most meaningful to you.

Resource and referral service by phone for a variety of needs including:

- Child or elder care
- Education assistance
- Pet Care
- Household services and more

Who is Eligible for EAP?

All LSU benefit-eligible employees and anyone in their household

**Regardless of age, relation, or health insurance

How do I access services?

EAP can be accessed 24/7/365

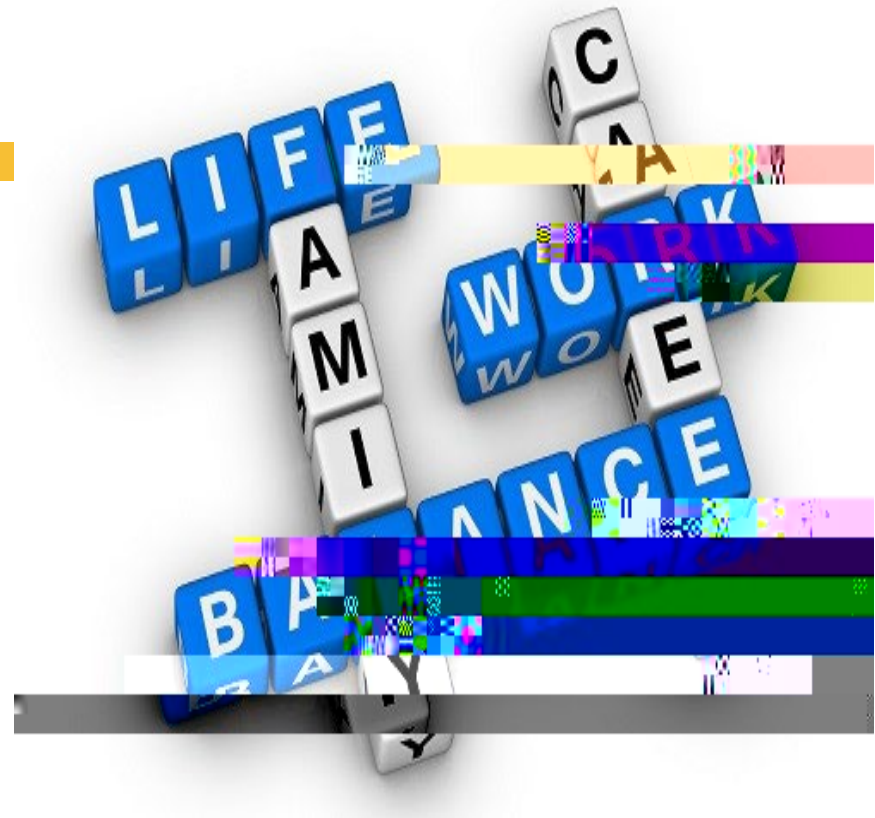
Phone: 833-657-2286

Online:

www.resourcesforliving.com

Username: LSU

Password: EAP





EAP Training

Aetna Resources for Living Employee Assistance Program Training

November 29, 2023, at 2 PM
Virtual Session Only

**Register through LSU Training & Development
Website**





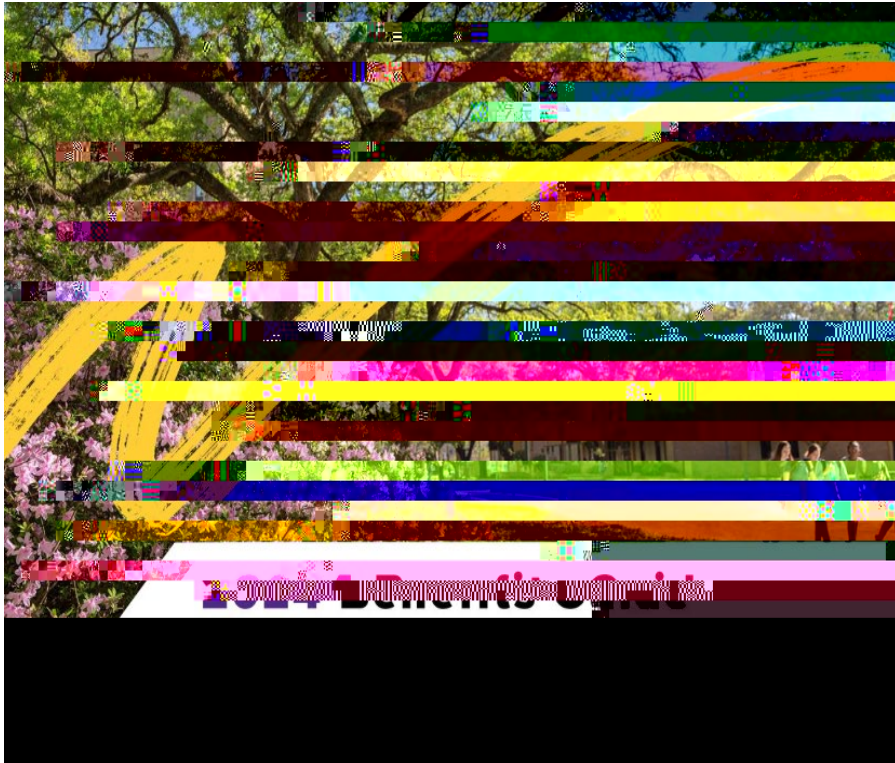
Benefit Resources

HRM Benefits Website:

- Videos
- Resources
- Summary Plan Documents
- Contact Information

The screenshot displays the LSU Office of Finance & Administration Human Resource Management website. The top navigation bar includes links for Give, Visit, Apply, Employment, and Contact Us, along with a search bar. The main navigation menu lists: About HRM, Prospective Employees, Employee Resources, Department Resources, Workday Resources, and A-Z Search. Below the navigation is a video player showing a group of people at a table. The main content area features a 'Benefits' section with a description of the Benefits and Retirement section of HRM, committed to providing high-quality benefits and retirement options. A 'CONTACT US' box provides the phone number 800 a.m.-4:30 p.m., Monday-Friday, 110 Thomas Boyd Hall, and the email BENEFITS@LSU.EDU. Below this is an 'ANNUAL ENROLLMENT' section with a 'Health Insurance' category containing a list of options: LSU FIRST, LSU FIRST MEDICARE RETIREMENT, MAGNOLIA OPEN ACCESS, MAGNOLIA LOCAL PLUS, MAGNOLIA LOCAL, PELICAN HRA 1000, PELICAN HSA 775, and VANTAGE HOME HMO. A 'Dental & Vision' category includes 'DENTAL INSURANCE' and 'PET INSURANCE'. A 'JOB AIDS & RESOURCES' section includes links for '2023 NEW HIRE BENEFITS GUIDE', 'INSURANCE ELIGIBILITY', and 'LIST OF QUALIFYING LIFE EVENTS (QLES)'.

Benefit Guide & New Hire Guide



LSU Branded Benefit Guides

- Open Enrollment
- 2024 New Hire Coming Soon!

Great tool for recruitment of prospective employees