## **GUIDING MENTORING PRINCIPLES**

**S a b :** The relationship should be de ned from the beginning as mutually bene cial. Each participant has committed to the relationship by choice. Each should openly share their goals at the beginning of the relationship and work collaboratively to help achieve them.

*a* : Maintaining an environment of con dentiality is a critical component in building trust between the participants. Without a mutually understood ability to speak freely as the situation warrants, the relationship is unlikely to reach its full potential.

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