

INITIAL CONVERSATION GUIDE

Icebreakers

1. Where did you grow up?
2. Why did you choose to attend Louisiana State University?
3. What was your dream job as a child?
4. If you would innovate something, what would it be?
5. What do you value most in life?
6. What are your core values?
7. Who do you look up to and why?
8. How do you continue growing personally and professionally?
9. What skills/knowledge/experience would you like to gain and/or sharpen?
10. What is one goal you have for next year?
11. What does being first-gen mean to you?

Discuss Expectations for Your Mentorship

1. What does mentoring look like to you?
2. What do you want and expect out of this mentor relationship?
3. What is the mentor's role? What is the mentee's role?
4. Have you had a mentor before? What have your mentorship experiences been like?
5. Do we want to set a re-occurring monthly meeting on the same day and time or schedule month-to-month?
6. How will we communicate if we need to cancel a meeting?

Set Your Goals For Your Mentorship

1. Where do you see yourself in five years? What practical steps do you need to take to get there?
2. What broad learning goals do you have, and why are those goals important to you?
3. Establish SMART goals for the mentoring relationship. (Specific, Measurable, Achievable, Relevant, Time-bound)
4. What are potential conflicts in our mentorship, and how can we overcome those?

Schedule Your Next Meeting