

Writing a personal statement may seem like a daunting task. You had little trouble completing the application, requesting letters of recommendation, etc. Now it's time to tell the program who you are and how you would like to include yourself in their class. The personal statement allows you to:

Introduce yourself to the reader

Show your strengths and preparedness (i.e. how long have you been considering this field?)

Demonstrate your abilities in the field

Highlight what you bring to the program

Share your personal and professional goals related to the field (i.e. how has your previous experience prepared you?)

Overwhelmed? You are not alone. The following tips will help, and you are always welcome to meet with your LSU Career Coach on your process, help with ideas, or to review your draft!

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**No one has a main point here for our paper, so need to back up his or her experience with
 in order to, in order to / part-time job, leadership experience, his or her professional and, etc.

You need to find out more in order to our personal statement to pick the most important thing / be material to back up
 our main point here. Here a pace of writing has to be done in each of these areas. Then, decide to make the
 most interesting or important statement.

Activity #2 - Skills & Qualities

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Activity #3 Storytelling(SCALE)

**Reflect on your experience with illness, personal history, and goals. Narratives are memorable and meaningful. As you incorporate stories into your practice, think about how to choose them and how they relate to the practice of medicine. Once again, only include stories that make sense for your practice.

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