# College Reading Strategies

Reading college-level can be a challenge.
Use this 3-step approach to help to make the most of your reading time.

## Before Reading
*Build the big picture and identify your purpose.*

**Set up a productive environment.** Be aware of lighting, seating, noise, location, and time of day.

**Get to know the text.** Skim the abstract, table of contents, chapter introduction/summary, subheadings, visuals, key terms, and/or related lecture notes.

**Chunk the chapter into manageable sections.** If you focus starts to wander, take a break. Decide if how the entire is divided need to be varied.

**Define a purpose for reading.** Save time which information is significant. Turn subheadings into questions. For example, the subheading Establishing Controls in a chapter about conducting science experiments. You can plan. Turn subheading/Efficient 3 e

## During Reading
*Think about the text. Stay focused by being active.*

## After Reading
*Check for understanding.*