





Part I. Self-Assessment

1. Which of your **accomplishments** will contribute to the success of your graduate education? What skills are you bringing? (Include papers, presentations, techniques, etc. If you are changing fields, consider applicability of your prior experience.)

2. What areas of learning and growth would you like to develop in the next semester, six to nine months, and one-year timeframes? Be as specific as possible how you would like to accomplish these stated goals.



Individual Development Plan | Initial Meeting Form

Part IV. Agreed Upon Action Plan for Next Year

To be developed jointly by the graduate student(s) and the mentor(s) during or after the discussion

Consider the following questions as you develop an action plan with your mentor:

- List any **activities** in which you and your mentor agree you should participate in to achieve your professional/career goals in the coming year.
- Do you have guaranteed **funding** for the next year? If not, what back-up plans are in place?
- Are there **specific actions** that you and/or your mentor can undertake that will support your success (e.g., modify working styles, meetings to discuss progress, networking opportunities)?
- How can your faculty mentor MCID y
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