

Find places in your community where you can go to get cool.

Try to keep your home cool:

- Cover windows with drapes or shades.
- Weather-strip doors and windows.
- **Q** **A** **V**
D **D** **G** **D** **G**
W **A** **B** **W** **D** **R** **H**
- **S** **G** **W** **D** **M** **K**
B **W** **V**
- **D** **D** **D** **W** **W** **D** **W** **E**
D **W** **W** **D** **B** **W** **W** **B** **W** **B**
B **B** **D** **W** **W** **B** **D**
hot air.
- **D** **D** **D** **B** **B** **W** **B**
D **G** **W** **B** **B** **W** **R**

Learn to recognize the signs of heat illness. **R** **U** **P** **R** **U** **H** **L** **R** **U** **P** **D** **W** **L** **R** **Q**
Y **L** **W** **E** **S** **R** **Y** **G** **D** **W** **H** **U** **V**
H **W** **U** **H** **P** **H** **K** **H** **D** **W** **D** **U** **D** **W** **P** **O**

Never leave a child, adult, or animal alone inside a vehicle on a warm day.

Find places with air conditioning.

D **D** **D** **G**
A **M** **B** **B** **B** **R**
D **M** **R** **D** **B** **B** **B** **W**

M **G** **D** **G** **M** **W** **A**
D **W** **G** **B** **B** **M** **B** **F**

Wear loose, lightweight, light-colored clothing.

B **B** **W** **R** **D** ****
hydrated. **I** **R** **X** **R** **U** **R** **P** **H** **R** **R** **X** **F** **D** **U** **H**
I **R** **L** **R** **D** **S** **H** **F** **L** **D** **O** **G** **H** **W** **D** **M** **D** **B** **F** **W** **R** **U**
K **D** **W** **R** **X** **O** **B** **H** **E** **H** **W**

Do not use electric fans when the **W** **B** **W** **A** **G** **B** **D** **Q**
G **B** **M** **K**
B **W** **B** **B** **B** **W** **H**
D **B** **G** **D** **D** **W**
A **V** **G** **B** **B** **B** **W** **B** **W** **M**

Avoid high-energy activities.

Check yourself, family members, and neighbors **I** **R** **U** **L** **R** **I** **K** **H** **D** **W**