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#### WELCOME

We are excited for another summer of sunshine and fun with your camper or campers! We look forward to a safe and exciting summer. Please spend some time carefully reading the following information. This handbook is a basic reference concerning policies and procedures regarding the LSU UREC Tiger's Den summer camp. If you have any further questions, please contact our camp team at TigersDen@lsu.edu

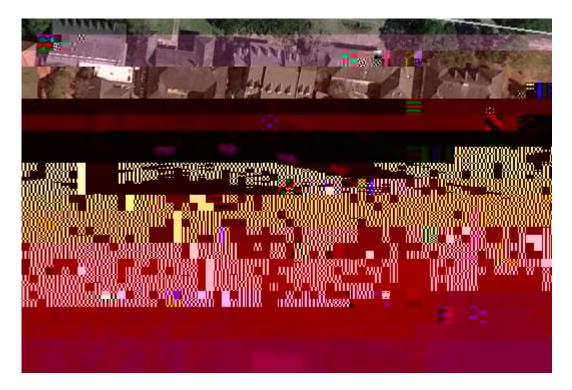
#### CONTACT

For daily contact throughout the day, please call the UREC Operations Desk at 225-578-8601 and leave a message with one of our front desk staff. They will radio our camp staff & we will return your call as soon as possible!

**MISSION** 

- Is my child able to tend to personal needs such as toileting and eating? Camp staff are not able to assist with personal needs.
- Will my child generally follow simple directions and rules in a structured setting? Most rules are set to ensure the safety of all campers, and children must be able to follow these rules.
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## Zoomed in version of curbside drop-off/pick-up zone:



## DROP-OFF PLAN

Any individual bringing a camper to Tiger's Den during normal drop-off times must enter the curbside location on the EAST side of UREC. The time of your camper being dropped off will be recorded by Tiger's Den staff.

#### Steps:

- 1. Drive in from the NORTH side of UREC, near Tennis Courts.
- 2. Turn right into the Adventure loading area on the EAST side of the UREC building.
- 3. Pull up to check-in area to be greeted by Tiger's Den Staff and drop your camper off.
  - A. Having your camper on the passenger side of your vehicle is preferred.

If you need to drop-off or pick-up a camper between 9:00 am – 4:00 pm, please enter the SRC through the EAST entrance and proceed to the UREC Operations desk. A UREC staff member will be able to assist you accordingly.

#### PICK-UP PLAN

The only individuals who may pick up a child from camp are those listed for authorized release. Staff will not release a child to anyone not listed on the form without additional written instructions. In order to keep your child safe at all times, ALL parents, guardians, or friends (approved to pick up children at the end of the camp day) MUST present their driver's license or picture ID in order to pick up the child. We will not release a child to a parent or other authorized person without an ID as listed on the form. This policy is set up for the safety of campers, counselors, and parents/guardians alike. Camp staff has the right to refuse dismissal of campers to any person not listed or not coherent at pick-up.

### Steps:

- 1. Drive in from the NORTH side of UREC, near Tennis Courts.
- 2. Turn right into the Adventure loading on the EAST side of the UREC building.
- 3. Pull up to check-out area and provide camp staff with a valid form of ID
- 4. Your legible signature will be needed while picking up your camper(s).

## NOTE

Signs will be places around UREC with arrows pointing you to the correct spot to get in the pick-up/drop-off line!

# CAMP ACTIVITIES AND THEMES

### **ACTIVITIES**

Tiger's Den strives to offer a unique experience for each child. Typically, children are divided into groups by their age groups, with each group doing one set of activities while other groups participate in other activites.

Tiger's Den takes full advantage of the resources available on LSU's campus. The swimming pools are utilized two to three days a week, while campers also have opportunities to canoe the LSU lakes, climb the indoor climbing gym, and participate in a wide range of activities in various spaces throughout the recreation center.

#### SWIMMING (EVERY MONDAY AND WEDNESDAY!)

All campers must pass a swim test, which constitutes of a 25 yard continuous swim on the surface of the water without the aid of any flotation devices, under the supervision of lifeguards, counselors, and aquatics staff. The final decision on whether a camper has passed the swim test will be determined by the supervising lifeguard and/or aquatics staff on duty. Swim tests are administered during the first few minutes of each swim

# **CAMPER RULES**

We like to keep the main rules at Tiger's Den simple and straightforward. As such, we have three main rules that are easy to understand and follow, which encourage the core values of caring, honesty, respect, and responsibility. These rules are:

- < Be safe.
- Be kind.
- Participate.

To go along with the rules, campers are provided a set of guidelines to adhere to daily. These guidelines are reviewed with the campers at the start of each day.

- 1. Listen quietly and follow all directions from counselors.
- 2. Show respect for others and their belongings.
- 3. Clean up after yourselves.
- 4. Walk while inside the building.
- 5. Campers must remain in a supervised area at all times.
- 6. Always tell the truth.
- 7. Use a quiet voice in the hallways and in the classroom.
- 8. Campers must take a counselor with them wherever they go.
- 9. Keep your hands to yourself.
- 10. HAVE FUN!

# **CAMPER SAFETY**

# SAFETY

Nothing is as important to us as ensuring the safety and security of the children entrusted to our care. LSU UREC Tiger's Den has three kinds of safety and emergency plans:

A plan for daily safety and security.

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# CAMPER HEALTH AND WELLNESS

#### WHAT TO BRING AND WEAR TO CAMP

Children should dress comfortably for active days and appropriately for weather. Please make sure your camper is dressed in loose-fitting clothing allowing for free movement and athletic, non-marking, closed-toe shoes (i.e. tennis shoes) with socks. Sandals and flip-flops are NOT allowed. Campers will not be allowed to stay without proper shoes.

Due to the amount of time being spent outdoors, we recommend that you put sunscreen on your child before they arrive at camp. You may also want to provide sunscreen in your camper's backpack if you would like your child to re-apply later in the day. No counselors will apply sunscreen for campers. Campers are welcome to bring a small, manageable water bottle, yet it is not necessary. On swimming days (Monday/Wednesday/Friday) and as necessary for those campers taking Group Swim Lessons, campers should bring a swimsuit and towel. It is always good to have an extra set of weather appropriate clothes, just in case.

Please mark all of your camper's items with their full name using permanent marker.

#### PERSONAL BELONGINGS

Because camp days will be filled with planned activities, there is no need to bring additional items to camp. Children are prohibited from bringing toys, money, electronic items, weapons, etc. to camp. These items will be confiscated. Additionally, no CELL PHONES are allowed.

#### LOST AND FOUND

While we make every effort to keep items secure at camp, we strongly recommend children do not bring anything to camp that they do not want to lose; however we will maintain a lost and found throughout the summer. Ten days after summer camp ends, all unclaimed items will be donated to charity.

#### CONFIDENTIALITY

Once you share information with us, our promise is to share it only with the people who have direct contact with your child. If you have special concerns about confidentiality, please let us know so we can discuss together. If your child is worried about privacy, reassure them that other campers will not know and only the adults who can help them will know.

### WELLNESS POLICY

Our wellness policy is designed to keep children and staff healthy. As young children are growing and building