

**LSU Vet Med Wellbeing Strategic Plan 2022-2027**

**Objective 1:** Provide mental health counseling and/or consultation when appropriate as requested.

**Objective 2:** With the assistance of the LSU Vet Med Wellbeing Committee, arrange quarterly and ongoing wellbeing offerings for faculty, staff, and students surrounding the nine dimensions of wellbeing. Potential options include workshops and activities focused on mindfulness, conflict management, strengths-

**Objective 2:** Partner with LSU, LSU Vet Med, and the greater veterinary community quarterly to increase and expand the reach of wellbeing programs and services. Identified partnerships include, but are not limited to the following: AAVMC, Academic Veterinary Wellbeing Professionals (AVWP), LSU EJ Ourso College of Business, LSU Executive Education, LSU Olinde Career Center, LSU Police Department, LSU School of Nutrition

**Objective 3:** Complete [Certified Compassion Fatigue Professional](#) certification by 2024 in order to provide more informed Compassion Fatigue Seminars for all cohorts.